

# SOFIA BRIZ

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## CINEMA/TV

**Actress** in “*Ausências que Ficam*”, film by João Paulo Simões, filming, Lisboa, 2020

**Ágata** Cabral in “*Mar Salgado*” prime time TV Series, by **SIC-TV GLOBO-SP** Televisão, Lisboa, 2014-2015

**Helena** in “*All I Want For Christmas*” TV movie by Emílio Ferrari, Los Angeles, 2014

**Turista**, Co-starring in “*Beijo do Escorpião*” TV Series, Ep 172, by **TVI - Plural**, Lisboa, 2014

**Blanca**, Co-starring in “*Jardins Proibidos*” TV Series, Ep 13, by **TVI - Plural**, Lisboa, 2014

## THEATRE

Hurlyburly	Donna	David Rabe	Gilbert Theatre
Les Liaisons Dangereuses	Mme Volanges	Christopher Hampton	Gilbert Theatre
The First Warning	Baroness	August Strindberg	Gilbert Theatre
Hurlyburly	Bonnie	David Rabe	Stella Adler
Orange Flower Water	Beth	Craig Wright	Stella Adler
Closer	Alice	Patrick Marber	Stella Adler
Proof	Claire	David Auburn	Stella Adler
The Dreamer Examines His Pillow	Donna	John Patrick Shanley	Teatro Camões

## TRAINING

ACT Workshop Imagined life with <b>Diana Castle I, II</b>	Lisboa , 2018-2019
ACT & Casa da Criação Rampa intensive with <b>Sérgio Penna I, II</b>	Lisboa, Rio de Janeiro, 2015- 2018-19
ACT workshop with <b>Tom Todoroff</b>	Lisboa, 2019
Yearly Classes at Joseph Pearlman Studio with <b>Joseph Pearlman</b>	Los Angeles, 2013-2014
Improv classes, <b>Groundings</b>	Los Angeles, 2013
Monthly Classes at Brian Reise Acting Studio with <b>Brian Reise</b>	Los Angeles, 2013
2 Year Acting Program at <b>Stella Adler</b> Academy of Acting and Theatre	Los Angeles, 2011-13
ACT workshop intensive <b>Michael Chekhov Technique</b> with <b>Lenard Petit</b>	Lisboa, 2011
ACT Workshop “ <b>Introduction to the Method</b> ” with <b>Chis Murphy</b>	Lisboa, 2011
1 Year Acting program “ <b>Meisner Technique</b> ” with <b>John Frey</b>	Lisboa, 2009-2010
ACT workshop intensive “ <b>Interpretação para Tv&amp;Cinema</b> ” with <b>Nicolau Breyner</b> .	Lisboa, 2009

## EXTRAS

Flight Assistant at EuroAtlantic Airways, 2018-2020

F&B Waitress/hostess at Chapito à Mesa, Shangri-La Sydney, O Bar and Dinning & Bondi Fish, 2016-2017

Assistant Producer, at SIC, TV Globo, and Briskman Entertainment, 2007-2011

Languages: Portuguese and Spanish (bilingual); English, French and Italian (fluent)

Hobbies: acroyoga, dance, surf, circus, yoga, meditation, astrology, movement and healing